

**Gael Aquatic Club
November Invitational Age Group Meet – 9 and Overs
November 14-16, 2008**

Sanction # 081110

Site: Iona College, Hynes Athletics Center Pool.

715 North Avenue - New Rochelle, New York 10801 – (914) 633-2323

Parking : All must park in the tiered parking structure a 200-yards beyond pool complex.

Directions: From all locations available at <http://www.iona.edu/directions.cfm>.

Eligibility: Competitors must be registered with USA swimming. Age as of November 14, 2008 will determine event eligibility.

Pool: 6 lane, 25 yard pool with 7-foot non-turbulent lane lines including outside gutter lanes. Seating for 400. Colorado 5000 electronic timing system, with all six lane display on Colorado Mercury Display Scoreboard. Hy-Tek Meet Manager Software.

Rules: Current USA swimming rules will govern the meet. All events are timed finals. Deck seeding will be used. Scratches must be received no later than 30 minutes before the start of each session
Swimmers with disabilities are encouraged to attend. Contact the meet director if you need special consideration.
The USA Swimming Code of Conduct is in effect for the duration of the meet.

Warm-up: The first 40 minutes will be general warm-up. The last 20 minutes lanes 2, 3,4, 5 will be for one-way sprints; lanes 1 & 6 will remain open for general warm-up.

Awards: Individual events : medals 1st -3rd ; ribbons 4-6th place.

Entries: Swimmers are limited to 4 events per session. The meet will be run using Hy-Tek Meet Manager. E-mailed Hy-Tek entries are preferred. If sending by mail, entries should be sent on disk. A master sheet must accompany all entries. All sessions will be limited to 3 1/2 hours before scratches.

1. Metro LSC teams will be given priority on a first come/first served basis. Metro teams entries and fees must be received by November 1, 2008.

2. The final deadline for this meet is November 7, 2008 in hand.
3. Metro entries received between 11/1/08 and 11/8/08 and all entries from other LSC's will be entered in the order they are received, as space allows. – This event is by invitation only.
4. Entry Contact/Coach will receive an e-mail confirming acceptance on deadline.

An entry fee of \$3.00 per individual event must accompany the entries. In addition, there is a \$1.00 surcharge for any entries not sent on disk.

Teams are encouraged to e-mail entry files to ncavataro@iona.edu as available.

Make checks payable to: Iona College

Mail or Express all entries to:

Iona College
Attention: Nick Cavataro
715 North Avenue
New Rochelle, New York 10801
914-633-2323
ncavataro@iona.edu

Please be sure to sign the “signature waiver” on envelope for entries sent by express mail. Email address: ncavataro@iona.edu

No glass bottles allowed on the deck or in the locker rooms.

Admission: Adults: \$5.00 Children: \$2.00 Programs: \$2.00 per session

This Form Must be returned with Payment
Gael Aquatic Club
NOVEMBER INVITATIONAL AGE GROUP MEET – 9 AND OVERS
November 14-16, 2008

CLUB: _____ **CODE** _____

ADDRESS _____

CITY _____ **STATE** _____ **ZIP** _____

COACH _____

PHONE _____ **E-**
MAIL _____

CLUBCONTACT _____ **PHONE** _____

EMAIL _____

ENTRY FEES: Make Checks payable to IONA COLLEGE

Total Individual Events _____ **x \$3.00 =** _____

Total Swimmers (non-disk surcharge) _____ **x \$1.00 =** _____

Total Amount Due: _____

The final deadline for this meet is November 8, 2008 in hand.

Mail to:

Iona College

Attention: Nick Cavataro

715 North Avenue

New Rochelle, New York 10801

914-633-2323

ncavataro@iona.edu

If express mail is used, please sign “signature waiver”.

Waiver: USA Swimming, inc., Metropolitan Swimming, Inc, Iona College, Gael Aquatic Club, their agents or representatives shall be held free and harmless from liabilities, injuries, claims or damages arising from the conduct of these events.

Signed (Club

Official): _____ **Title:** _____

No entries accepted without this signed waiver.

Gael Aquatic Club
November Invitational Age Group Meet – 9 and Overs
November 14-16, 2008

Session 1

Friday, November 14, 2008 – 4:30pm warm-up; 5:30pm start

Girls Boys

1	09-10 200-Free	2
3	13-14 500-Free	4
5	15-18 500-Free	6
7	11-12 500-Free	8
9	09-10-200-IM	10
11	13-14 400-IM	12
13	15-18 400-IM	14

Session 2

Saturday, November 15 – 8 AM warm-up; 9:00am start

15	13-14 200 IM	16
17	11-12 200 IM	18
19	13-14 200 Back	20
21	11-12 50 Back	22
23	13-14 100 Breast	24
25	11-12 100 Breast	26
27	13-14 200 Fly	28
29	11-12 50 Fly	30
31	13-14 100 Free	32
33	11-12 100 Free	34

Session 3

Saturday, November 16 – 1 PM warm-up; 2:00pm start

35	15-18 200 IM	36
37	9-10 100 IM	38
39	15-18 200 Back	40
41	9-10 50 Back	42
43	15-18 100 Breast	44
45	9-10 50 Breast	46
47	15-18 100 Fly	48
49	9-10 100 Fly	50
51	15-18 100 Free	52
53	9-10 50 Free	54

Session 4

Sunday, November 16 – 8 AM warm-up; 9am start

55	11-12 100 IM	56
57	13-14 200 Free	58
59	11-12 200 Free	60
61	13-14 100 Back	62
63	11-12 100 Back	64
65	13-14 200 Breast	66
67	11-12 50 Breast	68
69	13-14 100 Fly	70
71	11-12 100 Fly	72
73	13-14 50 Free	74
75	11-12 50 free	76

Session 5

Sunday, November 16 – 1 PM warm-up; 2pm start

77	15-18 200 Free	78
79	9-10 100 Back	80
81	15-18 100 Back	82
83	9-10 100 Breast	84
85	15-18 200 Breast	86
87	9-10 50 Fly	88
89	15-18 200 Fly	90
91	9-10 100 Free	92
93	15-18 50 free	94

Questions: Nick Cavaturo. Meet Director: (914) 633-2323

Directions to the New Rochelle Campus, 715 North Ave, New Rochelle, NY 10801

Directions: <http://www.iona.edu/directions.cfm>

From Upper New York State and Upper Westchester County (I-287)

New York State Thruway to Cross Westchester Expressway (Interstate 287) East. Take East Exit 9 South to the Hutchinson River Parkway. Hutchinson River Parkway South to Exit 18E, Mill Road. Right on Mill Road to light, then right on North Avenue. Follow North Avenue 2 miles to entrance of College on your left.