

Gael Aquatic Club

September, 2010

S	M	T	W	T	F	S
<p>Brian Cell - 914-438-9116 Nick at Iona - 914-633-2323 email: jhansbury@iona.edu ncavataro@iona.edu web site -> www.gaelac.com</p>			1	2 EVALUATION 8 / Under 4:30-5:30pm Senior / Pre-Sr 5:30-7:00pm	3 EVALUATION 9 / Overs 4:30-5:30pm Senior / Pre-Sr 5:30-7:00pm	4 EVALUATION Any Age <u>9:00-10:00AM</u>
5 Labor Day Weekend All Off	6 Labor Day Weekend All Off	7 EVALUATION 8 / Under 4:30-5:30pm Senior / Pre-Sr 5:30-7:00pm	8 EVALUATION 9 / Overs 4:30-5:30pm Senior / Pre-Sr 5:30-7:00pm	9 EVALUATION Any Age 4:30-5:30 PM Senior /Pre-Sr 5:30-7:00 PM	10 Senior Pre-Sr 4:30-6:00pm	11 All Off Team Roster Posted
12 All Off	13 BRZ-4:30-5:30 GOLD-4:30-6:00 P-SR-6:00-7:30 SEN-5:30-7:30	14 SLV-4:30-5:30 GOLD-4:30-6:00 P-SR-5:30-7:00 SENIOR 5:00-7:00pm	15 STARFISH: 4:30-5:30 BRZ-4:30-5:30 P-SR-5:30-7:00 SEN-5:30-7:30	16 SLV-4:30-5:30 GOLD-4:30-6:00 SENIOR 5:00-7:00pm	17 BRZ/SLV: 4:30-5:30 GOLD-5:00-6:30 P-SR-5:30-7:00 SEN-5:30-7:00	18 GOLD+P-SR+ SENIOR 7:00-9:00am STARFISH: 9:00-10:00am BRZ+SLV: 10:00-11:30
19 All Off	20 BRZ-4:30-5:30 GOLD-4:30-6:00 P-SR-6:00-7:30 SEN-5:30-7:30	21 SLV-4:30-5:30 GOLD-4:30-6:00 P-SR-5:30-7:00 SENIOR 5:00-7:00pm	22 STARFISH: 4:30-5:30 BRZ-4:30-5:30 No Other Sessions College Event	23 SLV-4:30-5:30 GOLD-4:30-6:00 SENIOR 5:00-7:00pm	24 BRZ/SLV: 4:30-5:30 GOLD-5:00-6:30 P-SR-5:30-7:00 SEN-5:30-7:00	25 GOLD+P-SR+ SENIOR 7:00-9:00am STARFISH: 9:00-10:00am BRZ+SLV: 10:00-11:30
26 All Off	27 BRZ-4:30-5:30 GOLD-4:30-6:00 P-SR-6:00-7:30 SEN-5:30-7:30	28 SLV-4:30-5:30 GOLD-4:30-6:00 P-SR-5:30-7:00 SENIOR 5:00-7:00pm	29 Grand Prix 1 Free & Back All Swimmers 12/Under 4:30-6:00 Sr/Pr-Sr 6:00-7:30	30 SLV-4:30-5:30 GOLD-4:30-6:00 SENIOR 5:00-7:00pm	<p>KEY: BRZ = Bronze SLV = Silver P-SR =PreSr SEN = Senior</p>	
<p>A circled date indicates something special or different than the "normal" schedule.</p>						